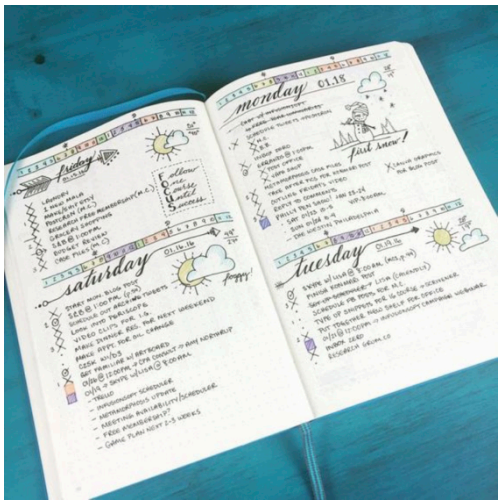
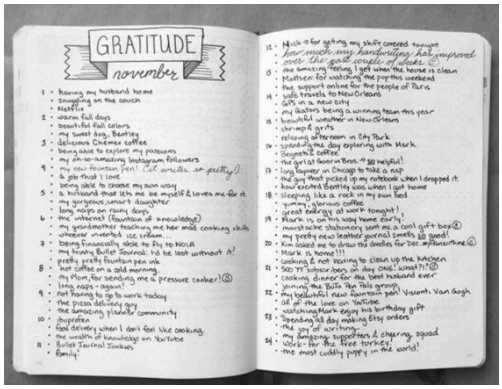

monday 01.18
saturday 01.16.16
tuesday 01.19.16


GRATITUDE
november

January Tracker
WAKE BY 5:30a.
MIRACLE MORNING
HYDRATE (64 oz)
YOGA
PM MEDITATION
15 MIN. CLEAN
NO SPEND
REVIEW BUDGET
NEW VIDEO
NEW BLOG POST
HANDWRITING
INSTAGRAM
ETSY SALE
SLEEP BY 10:30P.
NO ALCOHOL